

**EAST LYME COMMISSION ON AGING
REGULAR MEETING MINUTES
MONDAY, DECEMBER 21st, 2009**

Present: Philip Mountain, Chairman, Marge Caste, Ilene Harris,
Carrie Janus, B.B. Smith

Also Present: Cathy Wilson, Senior Services Coordinator
Rose Ann Hardy, Ex-Officio, Board of Selectmen

Absent: Mary Broga, Jane Powers

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of December 21, 2009 to order at 6:00 PM.

a. Pledge of Allegiance

The Pledge was observed.

b. Delegations

There were no delegations.

c. Approval of Meeting Minutes – November 9, 2009

Mr. Mountain called for any additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of November 9, 2009.

****MOTION (1)**

Ms. Caste moved to approve the November 9, 2009 Regular Meeting Minutes of the Commission on Aging as presented.

Ms. Smith seconded the motion.

VOTE: 5 – 0 – 0. Motion passed.

d. Correspondence

Correspondence was made available for review.

2. STATUS REPORT

a. Transportation

Ms. Wilson reported that the bus, van and the drivers are all doing well.

b. Senior Trips

(1) Enrichment Trips – Ms. Wilson reported the following:

January 13, 2010 – trip to the Longhorn Restaurant in Waterford

January 27, 2010 – trip to the Steak Loft

(2) COA Sponsored Trips - Ms. Wilson reported that there would be a trip offered on March 16, 2009 to Venus de Milo in Swansea, MA to hear Celtic Voices. The cost should be around \$60.

(3) Day/Overnight Trips – Ms. Wilson reported on the following day trips for the New Year:

February 25, 2010 – Newport Playhouse to see Wally's Café
March 11, 2010 – Mohegan Sun/Cornerstone Productions
April 10, 2010 – On Your Own in New York
April 20, 2010 – Foxwoods/Show at the Garde
May 6, 2010 – Mystery Trip – Let's see how adventurous you are
May 20, 2010 – Quincy Market/Duck Boat

Ms. Wilson also reported on the following overnight trips:

May 24-25, 2010 – to see Joseph
May 27 – June 2 – Canadian Rockies
June 14-16, 2010 – Cape May and Atlantic City
Summer Rail in Salem
Lake George
April 11-23 – Repositioning Cruise

c. Programs

- (1) **Senior Nutrition Program** – Ms. Wilson reported that they had changed food service companies again – this time to Lindy Food Service. So far, the meals have been well accepted.
- (2) **Senior Center Programs - Ongoing** – Ms. Wilson reported that the on-going programs are doing well.
- (3) **Senior Center Programs - New** – Ms. Wilson said that she has scheduled the Safety Driver Programs for 2010. In January there will also be a new program administered by Senior Resources called 'Benefits Check-Up'. It will take place the first and second Wednesday of each month. Zumba Gold will also start up again in the end of January and run for 10 weeks. The Tuesday afternoon Bridge Group will also start up again in January and they will be holding another Loss Group session.

d. Budget

Ms. Wilson reported that the budget is doing well so far.

e. Revenues

Ms. Wilson reported that the revenues are also doing very well for this fiscal year.

3. OLD BUSINESS

a. Pending Purchase of New Vehicle(s)

Ms. Wilson reported that they are still waiting to get Town approval of the new vehicle purchase. She has been assured that it is nothing major that is holding it up.

b. Review of Distribution of Newsletter

Ms. Wilson said that she would like to limit this by having the distribution at the grocery stores, Library, Senior Center, Town Hall, AHEPA and Twin Haven as it becomes more difficult in trying to explain to people which pharmacy is carrying the newsletter and which is not. She also stressed that they are more than happy to put people on an email list so that they can be sent a copy of the newsletter each month as it comes out. Getting it by email can make it a lot easier for people.

c. Other Pertinent Business

There was no other pertinent business.

4. NEW BUSINESS

a. Update on Flu Clinics

Ms. Wilson reported that the VNA held the flu clinics when they had the vaccine and that this is pretty much done for the year.

b. Donation form Lions Club

Ms. Wilson reported that the Lions Club has donated \$500 to them and that she would be using part of it for her Volunteer Recognition Dinner and the rest for her Celebrate 90 Luncheon.

Ms. Wilson also reported that they had won an award of \$1500 in conjunction with the Groton Senior Center and that it would be used for health related items. She said that she would get the details on this and report back to them at their next meeting.

c. Schedule of 2010 Meetings

Ms. Wilson said that they had a copy of this in their packets for review.

The Commissioners agreed on the schedule and Ms. Wilson said that she would send it along to the Town Clerk.

d. Results of Trip Subcommittee

Ms. Wilson said that this had gone well and that they had used some of the ideas in the planning of trips for the first part of the year.

e. Budget Review for 2010/2011

Ms. Wilson explained the proposed budget for 2010/2011 noting where the increases were due to contract and how she planned on holding the line on expenditures.

****MOTION (2)**

Ms. Janus moved to accept the Commission on Aging FY 2010/2011 budget as proposed.

Ms. Harris seconded the motion.

Vote: 5 – 0 – 0. Motion passed.

The Commissioners thanked Ms. Wilson for all of her hard work on the budget and for all of the work that she does throughout the year.

f. Other Pertinent Business

There was none.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

****MOTION (3)**

Ms. Smith moved to adjourn the Commission on Aging Regular Meeting of December 21, 2009 at 7:11 PM.

Ms. Harris seconded the motion.

VOTE: 5 – 0 - 0. Motion passed.

Respectfully submitted,

Karen Zmitruk,
Recording Secretary, Pro-tem