

Commission on Aging
Regular Meeting
May 11, 2009

Present: Philip Mountain
Donna Palumbo
Ilene Harris
Jane Powers
Marge Caste
Mary Broga
Carrie Janus

Also Present: Cathy Wilson, Senior Services Coordinator

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of May 11, 2009 to order at 7:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – April 13, 2009. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of April 13, 2009.

MOTION: Marge Caste moved to accept the April 13, 2009 Commission on Aging Minutes, as presented. Seconded by Jane Powers. Mary Broga and Donna Palumbo abstained from voting. (5-0-2) Motion carried.

d. Correspondence. No correspondence was received.

2. STATUS REPORT

a. Transportation. Cathy Wilson reported the bus was on the road today.

This Commission's request for a new vehicle remains in the Capital Budget of the Town.

She expects to hear about the 5310 Grant by the end of June.

There has been no information on whether or not funding for Dial a Ride will continue.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned for June: June 10 to the Steak Loft and June 24 to the Blue Oar.

(2) COA Sponsored Trips. The following COA sponsored trips are planned: June 10 to Acquaturf for a Ballroom Dancing Champion Exhibition for a cost of \$62, June 10 to Boston Harbor to see the Tall Ships for a cost of \$99, June 15 to a Long Island winery and shopping in Greenport for a cost of \$86 and August 30 to Tanglewood to see James Taylor and the Boston Pops for a cost of \$105.

(3) Day/Overnight Trips. The following Day/Overnight trips are planned: September 21-24 for three nights in the Pocmont Resort in Bushkill, Pennsylvania for a cost of \$471 for double/triple or \$571 for singles; February 28 through March 15, 2010 to South Pacific Wonders/Australia and New Zealand, prices range from \$5,250 to \$6,570 and April 11-23, 2010 for a Caribbean Repositioning Cruise, prices range from \$1,684 to \$2,130.

c. Programs.

(1) Senior Nutrition Program. In June the Senior Nutrition Program will add a new food vendor.

Ms. Wilson reported she finds it necessary to advertise for additional volunteers for Meals-on-Wheels drivers.

(2) Senior Center Programs-Ongoing. A dance was held at the Community Center on May 8. Eighty-nine individuals attended.

There were twice as many attending Shred Day as in the past.

A Poker Game is played on Wednesdays at 9:30 a.m.

(3) Senior Center Programs – New. Zumba Gold, golf, tennis and bingo have started.

Mrs. Broga informed Cathy Wilson that many individuals have complimented Ms. Wilson on improving offerings at the Senior Center. Mrs. Caste noted that a letter was sent recently to the Day regarding Senior Center's help to a family member who was having a heart attack.

Choices helps make Medicare supplement decisions as well as Medicare Part D decisions. She would also like to offer a Benefits Check up and use grant money for this program.

d. Budget. Cathy Wilson reported she needed two transfers: \$250 to the Payroll Account and \$120 to the Transportation Allowance Account.

e. Revenues. The Senior Center has received \$32,000 in revenues.

3. OLD BUSINESS

a. Transportation Issues. Cathy Wilson reported if we receive two smaller vehicles we will need to share them with the Town of Waterford and Youth Services. Waterford and East Lyme will discuss training drivers together.

b. 09/10 Budget Issues. Tonight at 7 p.m. there will be a Town Meeting at the High School. On May 22 the budget will be voted on by Referendum.

c. Other Pertinent Business. There was no other pertinent business.

4. NEW BUSINESS

a. Celebrate 90+ Party. On May 15 at 12:30 p.m. ninety individuals will come to the Celebrate 90+ party in the Activity Room. Forty of these individuals are 90 and over. Crescent Point will provide corsages and boutonnieres and Bridebrook Rehab Center will provide food. Ron Bence will take photographs.

b. M.O.U. with RSVP. Mary and Bob Gadbois would like to be considered RSVP volunteers for using their therapy dogs. In order to comply with their request, it was necessary to sign a Memorandum of Understanding with RSVP.

c. Memo from the First Selectman. Memo dated May 1, 2009 was received from First Selectman Paul M. Formica regarding minimizing recording secretarial fees.

d. Other Pertinent Business. Carrie Janus reported she attended a Zoning Meeting concerning rezoning regulations for a new AHEPHA building on Roxbury Road. This request was denied by the Zoning Commission.

Mrs. Powers reported the pool is doing very well financially. She would like to encourage more seniors to enjoy it.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Mary Broga moved to adjourn the May 11,
2009 Commission on Aging Regular Meeting at
6:30 p.m. Seconded by Carrie Janus. (7-0)
Unanimous.

Respectfully submitted
Frances Gheri, Recording Secretary