

Commission on Aging  
Regular Meeting  
January 11, 2010

Present: Philip Mountain  
B. B. Smith  
Jane Powers  
Marge Caste  
Mary Broga  
Carrie Janus

Also Present: Cathy Wilson, Senior Services Coordinator  
Bill and Joann Jackson  
Rose Ann Hardy, ex officio

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of January 11, 2009 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. Bill and Joann Jackson were present.

c. Approval of Meeting Minutes – December 14, 2009. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of December 14, 2009.

On page 2 the following correction was noted: Motion (2) to be revised as follows: “Ms. Janus moved to accept the Commission on Aging FY 2010/2011 proposed budget in the amount of \$236,646.”

MOTION: Marge Caste moved to accept the December 14, 2009 Commission on Aging Minutes, as amended. Seconded by Mary Broga. Mary Broga and Jane Powers abstained from voting. (3-0-2) Motion carried.

d. Correspondence. Correspondence was made available.

e. Election of Officers.

Commission member Carrie Janus arrived.

Mrs. Broga informed the Commission that although she enjoys being a member of this Commission, she does not wish to be reappointed as Co-chair of the Commission on Aging.

The Commission was asked for nominations for Co-chair of the Commission on Aging for 2010.

MOTION: Mrs. Broga moved to nominate Carrie Janus as Co-chair of the Commission on Aging for 2010. Seconded by Marge Caste.

A vote was taken and Carrie Janus was unanimously elected Co-chair of the Commission on Aging for 2010.

The Commission was asked for nominations for Chairman of the Commission on Aging for 2010.

MOTION: Mrs. Broga moved to nominate Philip Mountain as Chairman of the Commission on Aging for 2010. Seconded by Marge Caste.

A vote was taken and Philip Mountain was unanimously elected Chairman of the Commission on Aging for 2010.

The Commission was asked for nominations for Secretary/Treasurer of the Commission on Aging for 2010.

MOTION: Mrs. Broga moved to nominate Ilene Harris as Secretary/Treasurer of the Commission on Aging for 2010. Seconded by B. B. Smith.

A vote was taken and Ilene Harris was unanimously elected Secretary/Treasurer of the Commission on Aging for 2010.

## 2. STATUS REPORT

a. Transportation. Ms. Wilson reported on statistics for the quarterly review of the Municipal Grant Program. From July 1 to September 30 there were 1,037 one-way passenger trips and from October to December there were 1,174 one-way passenger trips.

The vehicles will be taken to the Town garage for quarterly maintenance.

The department's part time driver will be away for six weeks in April. Substitute drivers will be used at that time.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: February 10 to the Promenade Walk at the Evergreen Mall in West Hartford and on February 24 to Nunu's Bistro in Colchester, Connecticut.

(2) COA Sponsored Trips. A Commission on Aging trip is planned on April 18 to the Log Cabin in Holyoke, Massachusetts. This trip includes lunch and entertainment.

On May 27 a trip is planned to the Grand Oak Villa in Oakdale, Connecticut for music of Barry Mantelow.

(3) Day/Overnight Trips. Trips are being planned with Waterford.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported the number of individuals using the Senior Nutrition Program has decreased. Rose Ann Hardy asked if the Senior Center is given a minimum number of individuals they need to serve? Ms. Wilson replied no minimum has ever been given. Marge Caste suggested advertising it in the Courier. Ms. Wilson stated she plans to advertise it after the new food is served.

(2) Senior Center Programs-Ongoing. The Senior Center programs are doing fine.

(3) Senior Center Programs – New. Ms. Wilson reported the Tax Advisors Program will begin in February and run through March. This is an AARP sponsored program. Mr. Mountain asked how many individuals are helped through this program? Ms. Wilson replied approximately 120.

A Valentine's dinner is planned for February 19. The menu will be: tomato bisque, a love salad and chocolate dessert. There will also be entertainment.

On the second Wednesday of each month a benefits checkup is planned. Senior resources will help to determine what programs are available on a state and local level.

There will be a poetry reading on February 17.

On February 23 and 24 55 Alive classes will be held.

d. Budget. The Commission on Aging budget is doing well.

e. Revenues. Revenues are doing well.

### 3. OLD BUSINESS

a. Pending Purchase of New Vehicle(s). Ms. Wilson was informed by Anna Johnson, Director of Finance, that the new vehicle is part of the Acquisition Program and is going out to bid.

Ms. Wilson and the Highway Superintendent will attend a meeting on January 27 in Newington regarding the vehicle to be purchased by the 5310 Grant.

b. Budget Review for 2010/2011. No new date has been schedule for budget review.

c. Other Pertinent Business. Mrs. Broga asked for an update on energy assistance. Ms. Wilson replied she is working on energy applications. The number of individuals applying has increased significantly. She has spoken to Operation Fuel and Warm Up.

### 4. NEW BUSINESS

e. Other Pertinent Business. Ms. Wilson distributed a Parahus Account Spreadsheet.

Ms. Wilson reported there will be a Freedom of Information training session held on January 20 at 10 a.m.

She reported she would like to replace the Craft Room tables with craft tables or card tables to allow them to be multi-functional. She would also like partitions with wheels to allow her to use the space more efficiently.

Jane Powers reported she attended a Pool Commission Meeting and parking was addressed. Signs will be posted. A Foundation is being set up. A Lap Pool is being considered.

### 5. PUBLIC DISCUSSION

There was no public discussion.

### 6. ADJOURNMENT

MOTION: Mary Broga moved to adjourn the January 11, 2010 Commission on Aging Regular Meeting at

6:45 p.m. Seconded by Jane Powers. (6-0)  
Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary