

Commission on Aging
Regular Meeting
May 10, 2010

Present: Philip Mountain
B. B. Smith
Jane Powers
Marge Caste
Mary Broga
Carrie Janus
Ilene Harris

Also Present: Cathy Wilson, Senior Services Coordinator

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of May 10, 2010 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – April 12, 2010. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of April 12, 2010.

MOTION: Ilene Harris moved to accept the April 12, 2010 Commission on Aging Minutes, as presented. Seconded by Marge Caste. Mary Broga abstained from voting. (6-0-1)
Unanimous

d. Correspondence. Correspondence was made available.

MOTION: Carrie Janus moved to add to this evening's Agenda, under New Business, c. Incident Reports. Seconded by Mary Broga. (7-0)
Unanimous

2. STATUS REPORT

a. Transportation. Cathy Wilson reported her part time driver returned to work today.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: June 9 to Lenny & Joe's in Westbrook with shopping for a trip fee of \$2.75 and June 23 to Mystic River & Long Island Sound cruise on the Red Sky for a trip fee of \$13.

(2) COA Sponsored Trips. The following Commission on Aging sponsored trips are planned: May 27 to hear the music of Barry Manilow at the Grand Oak Villa in Oakville, Connecticut for a trip fee of \$59.

(3) Day/Overnight Trips. The following Day/Overnight trips are planned: May 27-June 2 Canadian Rockies by rail tour; June 14-16 to Cape May/Atlantic City, August 1-2 a summer rail and sail in the Adirondack and Green Mountains; September 20-27 to Music Cities featuring New Orleans, Memphis and Nashville; August 10 to Hudson Valley, New York for a cruise on the Hudson River, with lunch at Gasho's Japanese Steakhouse for hibachi cuisine; August 26 to Gloucester and Rockport, Massachusetts for a lobster clambake; September 24-26 to Lake George for its Annual Balloon Fest and November 8-17 to Rome, Assisi, Florence, Venice and Milan, Italy.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported fresh food prep is being offered on Tuesday and Thursday. It has been well received.

(2) Senior Center Programs-Ongoing. All ongoing programs are doing well.

(3) Senior Center Programs – New. Hospice will begin a support art therapy group in June. Beach yoga will be held on Saturdays. On June 30 Waterford Senior Services is cosponsoring a Health Fair with East Lyme. Ms. Wilson is organizing a Bocce Tournament.

d. Budget. Overall the budget is doing fine.

Ms. Wilson received a quote for bingo supplies. She has requested an expenditure of up to \$2,000 for bingo supplies from the Board of Selectmen. She will inform the Salerno family.

To date craft tables have not been purchased.

Ms. Wilson reported she uses an air card which connects to the internet when she assists housing sites for renters' rebate (from June to September) and for energy assistance (from October to January). It has been funded by a state grant which will end. She would like to continue using the air card.

e. Revenues. Revenues are doing well.

3. OLD BUSINESS

a. Pending Purchase of New Vehicle(s). Ms. Wilson had nothing new to report on the purchase of the new vehicle(s).

b. Budget Review for 2010/2011. The Annual Town Meeting will be held this evening at 7 p.m. at East Lyme High School. A Referendum will be held on May 20.

c. Other Pertinent Business. There was no discussion of other pertinent business.

4. NEW BUSINESS

a. Celebrate 90+Tea. Ms. Wilson reported she expects 120 individuals to attend a tea on May 14 for East Lyme residents over the age of 90.

b. Parahus Account Information. Ms. Wilson reported the Finance Director has requested a policy on how Parahus Account funds are handled. Commission members reviewed and accepted the East Lyme Senior Center Parahus Account Special Fund policy.

c. Incident Report Review. Commission members reviewed two incident reports.

d. Other Pertinent Business. Ms. Wilson reported the May 8 Shred Day went very well. One hundred individuals participated.

5. PUBLIC DISCUSSION

There was no public discussion.

6. ADJOURNMENT

MOTION: Carrie Janus moved to adjourn the May 10, 2010 Commission on Aging Regular Meeting at 6:35 p.m. Seconded by Mary Broga. (7-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary