

Commission on Aging  
Regular Meeting  
June 14, 2010

Present: Philip Mountain  
B. B. Smith  
Jane Powers  
Marge Caste  
Mary Broga  
Carrie Janus  
Ilene Harris

Also Present: Cathy Wilson, Senior Services Coordinator  
Rose Ann Hardy, ex officio

1. PRELIMINARY BUSINESS

Chairman Mountain called the Commission on Aging Regular Meeting of June 14, 2010 to order at 6:00 p.m.

a. Pledge of Allegiance. The Pledge of Allegiance was observed.

b. Delegations. There were no delegations.

c. Approval of Meeting Minutes – May 10, 2010. Mr. Mountain asked for additions, deletions or corrections to the Commission on Aging Regular Meeting Minutes of May 10, 2010.

MOTION: Jane Powers moved to accept the May 10, 2010 Commission on Aging Minutes, as presented. Seconded by Ilene Harris.  
(7-0) Unanimous

d. Correspondence. Correspondence was made available.

2. STATUS REPORT

a. Transportation. Cathy Wilson reported all is going well with transportation.

b. Senior Trips.

(1) Enrichment Trips. The following Enrichment trips are planned: July 14 to Buttonwood Farm, in Griswold, Connecticut, to walk amongst their fields of sunflowers and enjoy their delicious ice cream. The cost of this trip is \$3. July 28 to the Evergreen Walk Mall in South Windsor with lunch on your own at Rein's Deli. The cost of this trip is \$3.25.

(2) COA Sponsored Trips. New Commission on Aging trips to be announced.

(3) Day/Overnight Trips. The following Day/Overnight trips are planned: July 8 to Theatre by the Sea in Matunuck, Rhode Island to see "Hello Dolly". The trip fee is \$70. July 18 to Tanglewood for Pops featuring Keith Lockhardt, Conductor and Arlo Guthrie, Soloist. Trip fee is \$100. August 1-2 a summer rail and sail in the Adirondack and Green Mountains. Prices range from \$290-\$385 per person. August 10 to Hudson Valley, New York for a cruise on the Hudson River, with lunch at Gasho's Japanese Steakhouse for hibachi cuisine and a stop at the Brotherhood Winery. Trip fee is \$81. August 17 for the last home game of the Connecticut Sun at the Mohegan Sun Arena. Trip fee is \$28. August 26 to Gloucester and Rockport, Massachusetts for a lobster clambake with time to amble through these two picturesque towns. Trip fee is \$83. September 20-27 to Music Cities featuring New Orleans, Memphis and Nashville. Prices from \$2,199 to \$2,869 per person. September 24-26 to Lake George for its Annual Balloon Fest. September 14 to New York City to see the King Tut Exhibit at the Class Exposition Center in New York City. Trip fee is \$100. September 22 to the Big E in Springfield, Massachusetts. The trip fee is \$35. September 24-26 for Lake George's 37<sup>th</sup> Annual Balloon Fest. Prices from \$444 to \$584 per person. November 8-17 Reflections of Italy. Prices from \$2,969 to \$3,499 and December 7-8 Christmas in the Berkshires at the Williams Inn in Williamstown, Massachusetts. Prices from \$263 to \$313 per person.

c. Programs.

(1) Senior Nutrition Program. Ms. Wilson reported fresh food prep meals are good. She will put up posters at the senior housing sites to let residents know it's available.

(2) Senior Center Programs-Ongoing. All ongoing programs are doing well. The floors will be refinished on July 1 and 2 and some programs will be cancelled.

The benefits checkup program is in operation.

(3) Senior Center Programs – New. Tennis begins next week. Golf has started and is going well. The Senior Center will sponsor Bocce at McCook's on Mondays.

d. Budget. The budget is doing fine.

e. Revenues. Revenues have exceeded what we anticipated.

3. OLD BUSINESS

a. Pending Purchase of New Vehicle(s). Ms. Wilson had nothing new to report on the purchase of the new vehicle(s).

b. Other Pertinent Business. There was no discussion of other pertinent business.

#### 4. NEW BUSINESS

a. Recognition Party for New Bingo Equipment. The bingo equipment has been purchased and will be used on a weekly basis. On July 16 a Bingo Party will be held.

b. Possible Ceramics Program. Cathy Wilson reported she has been approached by someone who would like to teach ceramics. Ms. Wilson agreed to try it for six weeks. Rose Ann Hardy felt ceramics can be therapeutic and good for coordination.

c. Use of Driver and Van for Lobsterfest. Ms. Wilson reported the Lions have asked for a van and driver for the Lobsterfest.

MOTION: Mary Broga moved that a van and driver request from the Lions for the Lobsterfest be considered. Seconded by Ilene Harris. (7-0) Unanimous.

Mary Broga asked who will be driving the van? Ms. Wilson replied a Senior Center driver.

Ilene Harris asked if the drivers are willing to drive the van for the Lobsterfest? Ms. Wilson replied they are.

Mr. Mountain asked who will pay for gas? Ms. Wilson stated the Lions will pay hourly wages for the driver and for the gas.

Rose Ann Hardy asked if passengers are being transported? Ms. Wilson replied they are.

MOTION: B. B. Smith moved to approve the request from the Lions for a van and driver for the Lobsterfest. Seconded by Marge Caste. (7-0) Unanimous.

d. Celebrate East Lyme Day. Ms. Wilson reported she attended last year's Celebrate East Lyme and did not feel it was older adult oriented. She spoke to David Putnam, Director of Recreation and Parks. This year the Senior Center will sponsor a Bocce Tournament from 9 a.m. to noon on July 17 prior to Celebrate East Lyme.

B. B. Smith asked if they will allow time for learning how to play Bocce? Ms. Wilson replied the Senior Center will have a Bocce Program on Mondays at McCook's.

Ms. Wilson will share a table with People's Bank with information on the TRIAD Program during Celebrate East Lyme.

e. MOU from RSVP. Commission members reviewed a Memorandum of Understanding from RSVP.

f. MOU from TVCCA/SNP. The Memorandum of Understanding from TVCCA/SNP is being revised.

g. Other Pertinent Business. Jane Powers reported the Pool is doing very well.

The Foundation is expected to be approved by the state within the next two months.

Mr. Mountain asked how many individuals use the pool? Mrs. Powers agreed to inform the Commission at a later date.

She reported individuals who are not seniors are parking in the parking area closer to the pool. In the future seniors will be given parking stickers.

The pool will be closed for cleaning a week in August.

## 5. PUBLIC DISCUSSION

There was no public discussion.

## 6. ADJOURNMENT

MOTION: Carrie Janus moved to adjourn the June 14, 2010 Commission on Aging Regular Meeting at 6:45 p.m. Seconded by Mary Broga. (7-0) Unanimous.

Respectfully submitted

Frances Gheri, Recording Secretary